



Progression Grid - Sikhism Grade 1-5

Grade I

Introduction to Sikh Religion

- Origin of Sikhism
- The Founder (Sri Guru Nanak Dev Ji)
- Enlightenment at Sultanpur Lodhi

Chapter 1: Belief and Practices

- i. Oneness of God
- ii. The Creator of Universe
- iii. Concept of Soul

Chapter 2: Religious Leaders

- i. Sri Guru Nanak Dev Ji
- ii. Early life of Baba Guru Nanak Dev Ji

Chapter 3: Ethical Values

- i. Kindness
- ii. Truthfulness
- iii. Cleanliness

Chapter 4: Sources of Guidance/Heroes

- i. Bebe Nanaki Ji
- ii. Bhai Mardana Ji
- iii. Rai Bular Ji

Grade II

Introduction to Sikh Religion

- Fundamental Principles of Sikhism

Chapter 1: Belief and Practices

- i. The Prayer:
 - Mul Mantar
 - Waheguru Simran
 - Nitnem
- ii. Janam Gurburb of Sri Guru Nanak Dev Ji

Chapter 2: Religious Leaders

Sri Guru Angad Dev Ji

- Nomination of Sri Guru Angad Dev Ji as Guru by Sri Guru Nanak Dev Ji (Hukam Manna)

Chapter 3: Ethical Values

- i. Obedience
- ii. Equality
- iii. Patience
- iv. Love

Chapter 4: Sources of Guidance/ Heroes

- i. Mata Khivi Ji
- ii. Mata Ganga Ji
- iii. Baba Budha Sahib Ji
- iv. Bhai Bidhi Chand Ji

Grade III

Introduction to Sikh Religion

- Basic Principles of Sikhism
- Kirt Karo (Self-Working)
- Naam Japo (Remember the Creator)
- Wand Chhako (Share Equally)

Chapter 1: Belief and Practices

- i. Creator and Creation
- ii. Prayer of Creator of the Nature
- iii. All Prayers throughout the Day
- iv. Katha (Reflection through History and Tradition)
- v. Kirtan (Singing) – Devotional Hymn

Chapter 2: Religious Leaders

- i. Sri Guru Amardas Sahib Ji (Life cycle–Sewa)
- ii. Sri Guru Ramdas Sahib Ji (Life cycle–Humbleness)
- iii. Sri Guru Arjun Dev Ji (Life cycle–collaboration across faiths and kindness, Compilation of Sri Guru Granth Sahib Ji)

Chapter 3: Ethical Values

- i. Truthfulness
- ii. Peace
- iii. Friendship and collaboration across Faiths
- iv. Forgiveness
- v. Compassion

Chapter 4: Sources of Guidance

- i. Baba Sheikh Fareed Ji
- ii. Bhagat Kabir Ji
- iii. Bhagat Naam Dev Ji
- iv. Bhagat Ravidas Ji
- v. Bhagat Dhana Ji
- vi. Bhai Gurdas Ji

Grade IV

Introduction to Sikh Religion

1. Holy writings
Brief Introduction of Sri Guru Granth Sahib Ji

Chapter 1: Beliefs and Practice

- i. Japu Ji Sahib (Recitation)
- ii. Rehras Sahib (Recitation)
- iii. Sohila Sahib (Recitation)
- iv. Gurburbs
 - a. Khalsa Sirjna Divas (Besakhi)
 - b. Holla Mohalla
- vi. Respect/ Protocol of Gurdwara

Chapter 2: Religious Leaders

- i. Sri Guru Hargobind Sahib Ji (Life–Meeri and Peeri)
- ii. Sri Guru Har Rai Sahib Ji (Social Justice–Equality)
- iii. Sri Guru Harkirshan Sahib Ji (Helping)

Chapter 3: Ethical Values

- i. True dedication and Good Character
- ii. True Service and Human dignity
- iii. There is no Stranger
- iv. Liberty and freedom
- v. Justice
- vi. Pursuit of Knowledge

Chapter 4: Sources of Guidance / Heroes

- i. Mata Gujri Ji
- ii. Mata Sahib Kaur Ji
- iii. Mai Bhago Ji
- iv. Bhai Nand Lal Ji
- v. Bhai Joga Singh Ji
- vi. Baba Banda Singh Bahadur Ji

Grade V

Introduction to Sikh Religion

- Universality of Sri Guru Granth Sahib Ji and its teachings on Peace and Harmony
- Characteristics of Ethics in Sri Guru Granth Sahib Ji

Chapter 1: Beliefs and Practices

- i. Panj Piare (Five Beloved Ones)
- ii. Panj Kakar (Five Symbols of the Faith)
- iii. Importance and respect/protocol for Gurdwara
- iv. Respect for all places of Worship

Chapter 2: Religious Leaders

- i. Sri Guru Tegh Bahadur Sahib Ji (Human Rights, Liberty, Freedom, Peace, Diplomacy)
- ii. Sri Guru Gobind Singh Maharaj Ji (Sant, Sipahi)

Chapter 3: Ethical Values

- i. No Castism
- ii. Gender Equality
- iii. Respect for all Religions
- iv. Acceptance and Patience

Chapter 4: Sources of Guidance / Heroes

- i. Bhai Mati Das Ji
- ii. Bhai Sati Das Ji
- iii. Bhai Dayala Ji
- iv. Bhai Taru Singh Ji
- v. Bhai Mani Singh Ji
- vi. Baba Deep Singh Ji