



Progression Grid - Hinduism Grade 1-5

Grade I

Introduction to Hinduism:

- i. Essentials of the religion
- ii. Essence of the religion
- iii. Original source of the religion (Holy Book(s) etc.)
- iv. Holy language, followers etc.

Chapter 1: Beliefs and Prayers

- i. The Om symbol for Hinduism (Brief)
- ii. Sacred Books
- iii. Basic Mantras with translation
- iv. Mool Mantra Japji Sahib
- v. Celebration of Devali or Deepvali

Chapter 2: Pictorial life story of Shri Ram Chandar

Chapter 3: Ethical Values and Moral values

- i. Love
- ii. Truthfulness
- iii. Cleanliness

Chapter 4: Role Models with pictures ``

- i. Bhagat kanwar Ram
- ii. Rishi Valmiki

Grade II

Chapter 1: Beliefs and Teachings`

- i. Belief System of Sanatan Dharam (Basic Introduction)
 - Dharma
 - Artha
 - Kaama
 - Moksha
- ii. Brief introduction of Bhagavad Gita
 - Name of writer
 - Place
 - Total Chapters
 - Total Shalok of Bhagavad Gita
- iii. Celebration of Holi

Chapter 2: Pictorial life history of Shri Kirshana

Chapter 3: Ethical and Moral Values

- i. Kindness
- ii. Generosity
- iii. Obedience
- iv. Sacrifices

Chapter 4: Spiritual Poets

- i. Mira Bai
- ii. Bhagat Kabir
- iii. Bhagat Ravidas

Grade III

Chapter 1: Beliefs and Teachings

- i. Arti's Om Jai Jagdesh (with meaning)
- ii. Oneness of God and Concept of Trimurti (names)
- iii. Celebration of festivals Dassara and Nav Ratri

Chapter 2: Religious Deities

- i. Shri Ganesh
- ii. Jhule Lal

Chapter 3: Ethical and Moral Values

- ii. Patience
- ii. Peace
- iii. Honesty
- iv. Forgiveness
- v. Tolerance
- vi. Acceptance

Chapter 4: Sources of Guidance/Hindu Heroes

- i. Bhagat Prahlad
- ii. Mata Seeta Devi
- iii. Raja Harish Chandar

Grade IV

Chapter 1: Beliefs and Teachings

- i. Importance of the Bhagavad Gita
- ii
 - a. Bhakti yoga
 - b. Karam Yoga
 - c. Gyan Yoga
- iii. Celebration of festivals Cheti Chand and Shiv Ratri

Chapter 2: Sacred places in Pakistan

- i. Sadhu bela
- ii. Sant Nenu Ram
- iii. Sant Satramdas Dham

Chapter 3: Ethical and Moral values

- i. Protection of life
- ii. Protection of Plants and trees
- iii. Services (Shewa)
- iv. Punctuality
- v. Fairness
- vi. Caring
- vii. Patriotism

Chapter 4: Spiritual poets

- i. Tulsi das
- ii. Sami Chain Rai Bachomal Lund
- iii. Sadhu Vaswani

Grade V

Chapter 1: Important sacred festivals:

- i. Ram Naumi (birthday of Shri Ramchandar)
- ii. Janam Ashtami (birthday of Shri Kirshana)
- iii. Gurpurinima (birthday of Baba Guru Nanak Dev Je)

Chapter 2: Religious Places

- i. Haridwar
- ii. Hanglaj Mata
- iii. Odero Lal

Chapter 3: Ethical and Moral Values

- i. Respect of Life
- ii. Respect of Family
- iii. Respect of Teachers
- iv. Care of animals and birds
- v. Justice
- vi. Faithfulness
- vii. Responsibility
- viii. Charity

Chapter 4: Hindu Philanthropists in Pakistan

- i. Sir Ganga Ram Lahore
- ii. Daya Ram Jethmal (DJ Science college Karachi)
- iii. Chella Ram Settal Das (C&S) college Shikarpur